

Michelle Allison, LMFT
638 Browns Road
Storrs Mansfield, CT 06268
(860) 933-5072
michelle@michelleallisonLMFT.com

CREDENTIALS

- State of Connecticut Licensed Marriage and Family Therapist, 1992-present: #000436

PROFESSIONAL EXPERIENCE

Private practice, Mansfield, CT: April 2010--present

Wellpath Behavioral Health, Waterbury, CT: August 2009—April 2010

Acting Director, Home Based Services Division

- Provide supervision and training to clinical teams of Intensive In Home Child and Adolescent Psychiatric Service (IICAPS) and Functional Family Therapy (FFT)
- Responsible for program administration, hiring and staff development

Child Guidance Clinic of Greater Waterbury, Inc., Waterbury, CT :August 2000 –January 2004

Senior Clinician, Coordinator of of Intensive In Home Child and Adolescent Psychiatric Service (IICAPS),

- Responsible for program administration, including personnel, grant writing, liaison with Yale consultants and managed care companies
- Provide clinical supervision and training to staff
- Assess children and families and coordinate their admission to the service

Community Mental Health Affiliates, Inc., New Britain, CT: October 1992 - June, 1999

Clinical Coordinator, Division of Children's Services

- Provided psychotherapy and to children, adolescents, adults, couples and families.
- Responsible for administration and supervision of all clinical programs, including Outpatient Services (Child Guidance Clinic, Mobile Emergency Services, home based/wrap around services) and Intensive Services (dual diagnosis partial hospitalization/intensive outpatient program, New Britain and Waterbury Extended Day Treatment Programs)
- Provided supervision and training to clinical staff and interns; served as on call supervisor 24 hours per day, seven days per week
- Developed systemically oriented treatment models and programs, and successfully trained staff in their implementation
- Provided mental health evaluations, crisis intervention, consultation and training to school systems and community agencies (hospital emergency rooms, DCF, Adult and Juvenile Courts, police departments, Head Start, etc.)
- Served as liaison and consultant to managed care companies for the purpose of developing of treatment models and protocols, and managing service utilization
- Coordinated staff psychiatrists and agency psycho pharmacology services

Wheeler Clinic, Plainville, CT

Program Coordinator: Family Focus, April, 1989 - October, 1992

- Provided individual, family, group and multi-family group psychotherapy to children, adolescents, and adults
- Coordinated all phases of referral, intake, case management, treatment and discharge planning for intensive, dual-track (substance abuse/psychiatric) adolescent program.
- Co-leader Court ordered Domestic Violence/Anger Management Training
- Responsible for administration, program development, and marketing of adolescent services.
- Provided clinical supervision to staff and interns,

EDUCATION

MA in Marital and Family Therapy, Department of Human Development and Family Relations, University of Connecticut, Storrs, CT, September, 1986 - May, 1988

Bachelor of Arts, *Cum Laude*, Religion and Philosophy, Amherst College, Amherst, MA.

PUBLICATIONS

Allison, M. D., & Sabatelli, R. M. (1988). Differentiation and individuation as mediators of identity and intimacy in adolescence. Journal of Adolescent Research, 3, 1-16

RECENT EDUCATION AND TRAINING

Intensive In Home Child and Adolescent Psychiatric Service (IICAPS), Yale Child Study Center, New Haven, CT, September 2009, 15 hours

Trauma Focused Cognitive Behavioral Therapy for Children and Adolescents, Medical University of South Carolina online, December 2009: 10 CEU's

Bi Polar Disorder for Children and Adolescents, essential Learning, December 2009: 1 CEU

Externalizing Disorders for Children and Adolescents, essential Learning, December 2009, 3.5 CEU's

Acceptance and Commitment Therapy (ACT) for Mood Disorders, John Forsythe, Northampton MA, January 2010: 6 CEU's

Adolescent Substance Abuse Clinical Pathways Training, essential Learning February 2010: 4 CEU's

ADHD Diagnosis and Treatment, essential Learning, February 2010: 4 CEU's

Adolescent Suicide, essential Learning February 2010: 2.5 CEU's

Child and Adolescent Psychopharmacology, essential Learning, March 2010: 2 CEU's

Depressive Disorder in Children and Adolescents, essential Learning, March 2010: 3 CEU's

Attachment Disorders: Theoretical and Treatment Issues, essential Learning, March 2010: 3 CEU's

Emotionally Focused Couples Therapy, Sue Johnson, Phd, April 2010: 6 CEU's

TRAININGS PROVIDED

Severe Mood Dysregulation: Clinical Implications for Mood and Externalizing Disorders. IICAPS Staff Training, January 2010

Parent Child Interaction Therapy and Parent Behavior Training: Evidence Based Therapies for Children. IICAPS Staff Training, February 2010